

Instructions for use

fytofontana VIROSTOP nasal spray



Before use, carefully study the instructions for use.
Keep the instructions for use in case of future use.

Viral infections are among the most common infectious respiratory tract diseases with significant overall symptoms. They start suddenly, so it's important to intervene quickly and promptly. These diseases (including the common cold) are caused by viruses that are transmitted through infection via mucous membranes into the body, where they begin to rapidly multiply. Thanks to its rich content of polyphenols, the extract from *Cistus creticus* forms a protective film on the nasal mucosa. This protective barrier constitutes a physical (mechanical) defense against viruses, preventing their penetration and further multiplication. The site of action of the medical device is on the mucosa of the upper respiratory tract - specifically on the mucosa of the oral cavity for oral spray/pastilles and on the mucosa of the nasal cavity for nasal spray. Other ingredients included - citrus bioflavonoids, purple coneflower (*echinacea purpurea*), common sage, and Barbados cherry (*acerola*) strengthen the antiviral neutralizing effect.

Ingredients: *Cistus creticus* extract (1.90 g), purple coneflower (*echinacea purpurea*) extract (3.06 g), common sage (*Salvia officinalis*) extract (0.88 g), citrus bioflavonoid complex (0.05 g), acerola extract (0.02 g), hyaluronic acid, mint flavor, Barbados aloe extract, water, phenoxyethanol, ethylhexylglycerin

Intended use

Fytofontana VIROSTOP is intended as a protective barrier against viruses causing inflammation of the upper respiratory tract by application to the mucosa of the upper respiratory tract.

Indications

Redness of the mucosa in upper respiratory tract inflammation.

Main mechanism of action

The main mechanism of action of the medical device fytofontana VIROSTOP nasal spray lies in its ability to cover the mucous membranes of the nasal cavity with a protective film, thereby preventing the penetration of viruses into the body.

Contraindications

Allergy to any of the ingredients of the medical device (listed in the Ingredients section).

Side effects

When using fytofontana VIROSTOP nasal spray, you may experience temporary mild irritation of the mucosa. These sensations are temporary and natural.

Intended users/patients

The medical device fytofontana VIROSTOP nasal spray is intended for adults and children over **3 years old**.

Preventive measures and warnings

⚠ Do not use in children under 3 years of age. Older children should use the product only under the supervision of an adult.

⚠ For pregnant and breastfeeding women, consultation with a medical specialist regarding usage is recommended.

⚠ If symptoms persist, you should consult a doctor.

⚠ We do not recommend using the product if you have had surgical procedures in the nose or mouth area, or if the mucous membrane of the upper respiratory tract has been damaged.

⚠ The product is intended for single-person use to reduce the risk of infection transmission.

⚠ Keep out of reach of small children.

Any slight sedimentation is caused by the plant-based ingredients contained in the product and does not affect the quality of the product in any way. When handling the spray, prevent direct contact with the eyes. If the product comes into contact with the eyes, rinse with running water.

Dosage

Preventive: Apply 3-4 x daily, 1 spray into each nostril. Children older than 3 years receive 2 x daily, 1 spray into each nostril. It is suitable for preventive use. In case of higher risk of infection, the spray can be applied multiple times daily.

In case of acute condition: Apply 4-5 x daily, 1 spray into each nostril. For children older than 3 years, administer 3 x daily, 1 spray into each nostril.

It is very important to apply in the evening before bedtime.

The main benefit for the patient lies in the impact on public health through the use of VIROSTOP, where

- Polyphenols support the local immunity of the upper respiratory tract in the early stage of infection.
- Improvement in quality of life by reducing the duration of symptoms causing upper respiratory tract infections.
- Preventive use of VIROSTOP during periods of increased infection prevalence in communities reduces susceptibility to risks of upper respiratory tract infections.

Method of using the spray

The spray form allows for easy and even application to the nasal mucosa.

- Shake well before use.
- Remove the protective cover from the applicator.
- Insert the applicator into the nostril and administer by pressing the spray head.
- After each use, clean the nasal applicator and replace the protective cover.

Package contents: bottle with spray and applicator, 20 ml fill

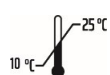
Lifespan of the medical device

The lifespan of the medical device is determined by the expiration date on the product packaging – 36 months from the date of manufacture.

Accessory or compatible medical devices

Fytofontana VIROSTOP medical device does not have any accessories or compatible medical devices.

Storage



The information is provided on the packaging

Disposal: Return any unused product to the pharmacy. Dispose of clean packaging materials in the appropriate recycling bin.



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Further information

In the event of a serious incident caused by the device, the user should report this incident to the manufacturer and to the competent authority of the Member State in which the user is resident.

EXPLANATION OF SYMBOLS

	See instructions for use		Manufacturer
	Best before		Batch number
	Temperature limit		Protect from sunlight
	Mark of conformity		Medical device
	Reference number		Unique Device Identifier



Warning



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